

Chicken and Broccoli Bake

Makes food

Ingredients

1 head of broccoli
1x bbq/roast/rotisserie chicken
3 chopped mushrooms
1 chopped pepper
1 can condensed cream of mushroom, cream of chicken, or some other cream soup
1 cup sour cream
½ pound elbow pasta
Curry powder to taste
Shredded cheese to top

Instructions

1. Cook the pasta and add to the baking dish.
2. Chop up the veggies and chicken.
3. Add the veggies and chicken to the dish.
4. Mix the soup and sour cream with curry powder to taste and pour over top.
5. Top with cheese and bake at 350° for ~30 minutes.
6. Serve with your choice of side.

Source

https://www.reddit.com/r/MealPrepSunday/comments/cen4h6/depression_makes_for_interesting_meal_prep/

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