

Zac's Chili and Rice

Makes a lot of chili

Ingredients

2 pounds ground beef
16 oz cans of pinto and red beans
2 cans diced tomatoes
Some rice
Cumin, adobo, and chili seasoning to taste
Frank's red hot sauce
Flour to thicken

Instructions

1. Brown beef in skillet, season with adobo until it tastes good
2. Mix beans, beef, spices, and hot sauce in a crock pot, simmer on high for 3 hours
3. Separate some liquid into another bowl
4. Add some flour to excess liquid until well mixed, add back to main pot.
5. Cook rice with a 2:1 water:rice and some seasoning if desired with a small amount of butter. Boil 10 minutes or so
6. Enjoy

Source

Zac

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